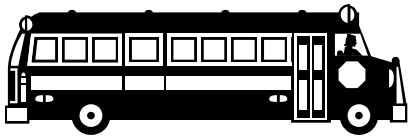
Edmeston Central School
September 2016



Monday	Tuesday	Wednesday	Thursday	Friday
			1 Superintendent's Conference Day	2 NO SCHOOL
5 NO SCHOOL **LABOR DAY**	6 Superintendent's Conference Day	7 C.CHIP OR BLUEBERRY MUFFIN **PICNIC ON THE LAWN** HAMBURGER/CHEESBURGER W/ BUN ***ECS-TOMATO + BASIL SALAD*** ROASTED BROCCOLI *ECS-GREEK SALAD* **WATERMELON**	8 BACON AND CHEESE BAGEL CHICKEN PATTY ON A W/W BUN MULTIGRAIN GARLIC SPIRALS ***CHICK PEA SALAD W/ ECS PEPPERS*** OVEN BROWNED SWEET POTATOES ***ECS-GREEK SALAD***	9 SAUSAGE AND CHEESE MUFFIN CHEESE PIZZA OR 3-CHEESE GARLIC PIZZA STEAMED CORN ***ECS BASIL+TOMATO SALAD*** ***ECS CAESAR SALAD***
12 C.CHIP / BLUEBERRY MUFFIN ***NACHO FIESTA*** NACHO +CHIPS WITH SEASONED MEAT AND CHEESE SAUCE BROWN RICE ***ECS-CORN BREAD*** ***ECS -MIXED GREENS SALAD***	13 SAUSAGE AND CHEESE MUFFIN DICED LEMON CHICKEN EGG NOODLES ***ECS ROASTED WINTER SQUASH*** ***ECS- GREEK SALAD*** CHOC CHIP COOKIE	14 EGG AND CHEESE MUFFIN **BRUNCH FOR LUNCH** BAGEL OR WAFFLES SAUSAGE PATTY / EGG PATTY TATER TOTS FRUIT OR JUICE	15 BACON AND CHEESE MUFFIN CHEESE PIZZA OR HOT WING PIZZA STEAMED CORN ***ECS- HARVEST SALAD*** ***ECS –TOMATO BASIL SALAD***	16 HOT HAM AND CHEESE BAGEL HAMBURGER OR CHEESEBURGER ON BUN / PICKLES LOCAL FRANCONIA POTATOES ***ECS- BRAISED SWISS CHARD*** ***ECS- CAESAR SALAD***
19 C.CHIP / BLUEBERRY MUFFIN *ROAST TURKEY AND GRAVY* ***FRESH MASHED POTATOES*** ROASTED CARROTS GREEK SALAD	20 BACON AND CHEESE MUFFIN CHICKEN NUGGETS AND LOCAL BAKED POTATO ***ECS-MIXED GREENS SALAD*** ROASTED BROCCOLI ***ECS MULTI GRAIN BREAD***	21 SAUSAGE+ CHEESE MUFFIN MACARONI AND CHEESE OR TURKEY BBQ ON A W/W BUN ***ECS-CORN BREAD*** ***ECS-MIXED GREENS SALAD*** WATERMELON	22 HOT HAM AND CHEESE BAGEL TOMATO SOUP OR BROCCOLI AND CHEESE SOUP TOASTED CHEESE SANDWICH CUCUMBER SALAD CAESAR SALAD	23 EGG AND CHEESE MUFFIN ***NACHO FIESTA*** NACHO +CHIPS WITH SEASONED MEAT AND CHEESE SAUCE BROWN RICE / FRESH SALSA ***ECS-CORN BREAD*** ***ECS -MIXED GREENS SALAD***
26 CHOC.CHIP OR BRAN MUFFIN CHICKEN PATTY ON A W/W BUN MULTIGRAIN GARLIC SPIRALS ***ECS-ZUCCHINI AND TOMATOES*** OVEN BROWNED SWEET POTATOES ***ECS-GREEK SALAD***	27 SAUSAGE AND CHEESE MUFFIN **BRUNCH FOR LUNCH** BAGEL OR WAFFLES SAUSAGE / CHEESE OMELET TATER TOTS FRUIT OR JUICE	28 HOT HAM AND CHEESE BAGEL CHEESE PIZZA OR HAM AND CHEESE STROMBOLI W/ SAUCE STEAMED CORN ***ECS CAESAR SALAD***	29 SAUSAGE AND CHEESE MUFFIN HAMBURGER OR CHEESEBURGER ON W/W BUN / PICKLES FRANCONIA POTATOES ***ECS-BRAISED SWISS CHARD*** ***ECS-MIXED GREENS SALAD***	30 EGG AND CHEESE MUFFIN DICED LEMON CHICKEN EGG NOODLES ***ECS ROASTED WINTER SQUASH*** ***ECS- GREEK SALAD***

PLEASE NOTE***
ALL BREAKFASTS.... AT E.C.S. INCLUDE MEAT (OR MEAT ALTERNATE), BREAD, MILK, FRUIT
ALL LUNCHES....AT E.C.S. INCLUDE MEAT (OR MEAT ALTERNATE), BREAD, FRUIT, VEGETABLE, MILK
ALL MENUS.... ARE SUBJECT TO CHANGE WITHOUT NOTICE DUE TO AVAILABILITY OF PRODUCTS

PRICES
Breakfast Price $ 1.25
Lunch Price $1.75
Reduced Meal Price $ .25
Milk Price $.50