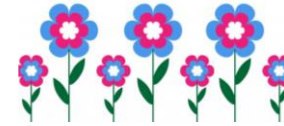




Edmeston Central School

May 2017



Monday	Tuesday	Wednesday	Thursday	Friday
ECS Food and Health Expo is Friday, May 19. Please look at the attached schedule for specific class times!				
FRENCH TOAST +SAUSAGE 1 CHICKEN PATTY + W/W BUN ROASTED SWEET POTATOES GARLIC MULTIGRAIN SPIRALS GREEK SALAD	BACON + CHEESE MUFFIN 2 HAMBURGER OR CHEESEBURGER ON W/W BUN OVEN BAKED FRIES ROASTED GREEN BEANS MIXED GREENS SALAD	HOT HAM +CHEESE BAGEL 3 BAKED LASAGNA W/ BEEF CAESAR SALAD PETIT PEAS + CARROTS CHOCOLATE CHIP COOKIE GARLIC BREAD	SAUSAGE+CHEESE MUFFIN 4 NACHO FIESTA WITH BEEF SHREDDED LETTUCE AND SHREDDED CHEESE /SALSA ECS-BLACK BEAN SALSA BROWN RICE ECS CORN BREAD	HOT HAM +CHEESE BAGEL 5 CHEESE PIZZA OR HOT WING PIZZA ROASTED GREEN BEANS MIXED GREENS SALAD
C CHIP/BLUEBERRY MUFFIN 8 CHICKEN TENDERS + MULTI GRAIN GARLIC SPIRALS ROASTED GREEN BEANS MIXED GREENS SALAD	SAUSAGE + CHEESE BAGEL 9 MIDDLE EASTERN DAY LEMON DICED CHICKEN LOCAL BAKED POTATO HUMMUS AND PITA BREAD ROASTED BROCCOLI GREEK SALAD	BACON +CHEESE MUFFIN 10 TOMATO SOUP OR CHICKEN VEGGY SOUP TOASTED CHEESE SANDWICHES CUCUMBER SALAD MIXED GREENS SALAD	EGG + CHEESE BAGEL 11 ECS-STUFFED SHELLS W/ ECS FRESH TOMATO SAUCE ROASTED CAULIFLOWER W/W GARLIC BREAD CAESAR SALAD THREE BEAN SALAD	NO SCHOOL! Superintendant Conference Day
C CHIP/BLUEBERRY MUFFIN 15 MACARONI AND CHEESE OR BBQ PORK ON A BUN ROASTED CARROTS ECS-BLACK BEAN SALSA W/W DINNER ROLLS MIXED GREENS SALAD	SAUSAGE +CHEESE MUFFIN 16 BEEF OR CHICKEN HARD TACOS SHREDDED LETTUCE + CHEESE FRESH TOMATO SALSA BROWN RICE + SALSA ECS CORN BREAD	EGG AND CHEESE BAGEL 17 ROAST TURKEY AND GRAVY FRESH MASHED POTATOES ROASTED BROCCOLI GREEK SALAD ECS-COUNTRY W/W BREAD	HOT HAM + CHEESE BAGEL 18 POPCORN CHICKEN BOWL WHIPT POTATO, GRAVY, CORN ROASTED GREEN BEANS MIXED GREEN SALAD	BACON + CHEESE MUFFIN 19 FOOD AND HEALTH EXPO CHEESE PIZZA OR THREE CHEESE GARLIC PIZZA STEAMED SWEET CORN BLACK BEAN SALSA CAESAR SALAD
C CHIP/BLUEBERRY MUFFIN 22 CHICKEN NUGGETS + MULTI GRAIN GARLIC SPIRALS ROASTED GREEN BEANS MIXED GREENS SALAD	EGG AND CHEESE MUFFIN 23 ECS -MEATBALL W/ SAUCE WHOLE GRAIN PENNE ROASTED CAULIFLOWER GREEK SALAD ECS-COUNTRY WHEAT BREAD	HAM + CHEESE BAGEL 24 HAM STROMBOLI W/ SAUCE OR PIZZA STEAMED CORN BLACK BEAN SALSA MIXED GREENS SALAD	EGG AND CHEESE MUFFIN 25 HAMBURGER OR CHEESEBURGER ON W/W BUN FRANCONIA POTATOES ROASTED GREEN BEANS MIXED GREENS SALAD	26 BRUNCH FOR LUNCH WAFFLES OR BAGEL SAUSAGE PATTY/EGG PATTY TATER TOTS FRUIT AND JUICE
29 MEMORIAL DAY NO SCHOOL!	PANCAKES AND SAUSAGE 30 CHICKEN PATTY + W/W BUN ROASTED SWEET POTATOES MULTIGRAIN GARLIC SPIRALS GREEK SALAD	HAM + CHEESE BAGEL 31 BBQ OR BAKED CHICKEN EGG NOODLES, PETIT PEAS MIXED GREENS SALAD BREAD PUDDING		

Lunch and Food and Health Expo Schedule - 2017

	Lunch Schedule	Food Fair Schedule
PK	10:55 – 11:25	10:30 – 10:50
K	10:50 – 11:20	10:30 – 10:50
1	10:30 – 11:00	11:00 – 11:20
2	10:40 – 11:05	11:10 – 11:30
7/8	11:00 – 11:20	11:20 – 11:30
6	11:15 – 11:40	11:40 – 12:00
9-12	11:45 – 12:15	12:00 – 12:15** Expo Ends
3	12:15 – 12:40	10:40 – 11:00
4	12:20 – 12:45	10:45 – 11:05
5	12:30 – 1:00	11:40 – 12:00

Please Return Lower Portion to the Cafeteria

Please send back this reservation form ***TO THE CAFETERIA A.S.A.P.***

Name of child: _____ Grade/Teacher: _____

Number of guests planning to attend _____

