



Edmeston Central School

April 2017

Monday	Tuesday	Wednesday	Thursday	Friday
<p>"Food For Thought" The ECS Food Service Department continually strives to improve the general wellness of our students. To attain that goal, it is very important for parents and children to communicate by discussing the menu options available. At ECS we offer many daily food choices. We request that parents view the menu and guide their children to the choices they feel are best. Bon Appetite</p>				
TEXAS FRENCH TOAST + SAUSAGE 3 CHICKEN PATTY + WHEAT BUN ROASTED CARROTS MULTI- GRAIN SPIRALS GREEK SALAD ECS- RHUBARB AND BERRY CRISP	SAUSAGE + CHEESE BAGEL 4 ECS- STUFFED SHELLS W/ ECS FRESH TOMATO SAUCE ROASTED BROCCOLI ECS -SWISS CHARD ROLL CAESAR SALAD	EGG + CHEESE ENG MUFFIN 5 TOMATO OR CHICKEN VEGGY SOUP TOASTED CHEESE SANDWICHES CUCUMBER SALAD GREEK SALAD	BACON + CHEESE MUFFIN 6 CHEESE PIZZA OR HAM AND CHEESE STROMBOLI W/ SAUCE STEAMED SWEET CORN CAESAR SALAD	HAM + CHEESE BAGEL 7 BEEF OR CHICKEN HARD TACOS SHREDDED LETTUCE AND CHEESE BROWN RICE /SALSA ECS-BLACK BEAN SALSA ECS CORN BREAD
C CHIP/ BLUEBERRY MUFFIN 10 CHICKEN RIGGIES ROASTED BROCCOLI ECS-SWEET POTATO BREAD GREEK SALAD	SAUSAGE + CHEESE MUFFIN 11 CHICKEN NUGGETS MULTI GRAIN GARLIC PENNE ROASTED SWEET POTATOES MIXED GREENS SALAD	HAM + CHEESE BAGEL 12 NACHO FIESTA W/ BEEF SHREDDED LETTUCE AND CHEESE BROWN RICE / SALSA ECS-BLACK BEAN SALSA ECS CORN BREAD	EGG + CHEESE BAGEL 13 SENIOR DAY BAKED LASAGNA W/ BEEF PEAS AND CARROTS W/W GARLIC BREAD CAESAR SALAD CHOCOLATE CHIP COOKIE	14 NO SCHOOL!
17 NO SCHOOL!	18 NO SCHOOL!	19 NO SCHOOL!	20 NO SCHOOL!	21 NO SCHOOL!
C CHIP / BLUEBERRY MUFFIN 24 CHICKEN TENDERS ROASTED CARROTS LOCAL BAKED POTATO ECS MULTI GRAIN BREAD GREEK SALAD	HAM + CHEESE BAGEL 25 POPCORN CHICKEN BOWL MASHED POTATO, GRAVY, CORN ROASTED BROCCOLI MIXED GREENS SALAD	SAUSAGE + CHEESE MUFFIN 26 HAMBURGER / CHEESEBURGER +WHEAT BUN FRENCH FRIES BAKED BEANS MIXED GREENS SALAD	EGG AND CHEESE BAGEL 27 CHEESE PIZZA OR THREE CHEESE GARLIC PIZZA STEAMED SWEET CORN CHICK PEA SALAD W/ ECS PEPPERS CAESAR SALAD	BACON + CHEESE MUFFIN 28 BRUNCH FOR LUNCH WAFFLES OR BAGEL SAUSAGE PATTY EGG + CHEESE OMELET TATER TOTS FRUIT AND MILK