

## **Community Resources**

### **Otsego County**

**In life-threatening emergencies, dial 911. If you have questions or don't know where to start, call:**

**2-1-1 or 1-800-901-2180**

Here are some not-for-profit resources that may provide helpful services or may meet your particular need.

## **A**

**ABUSE** See: "Protective Services"

### **AIDS/HIV**

Abstinence Education Council .....433-1730  
Otsego County Public Health ..... 547-4243  
Southern Tier AIDS Program.. 1-800-333-0892

**AGING** See: "Senior Services"

### **ALCOHOL/DRUG ABUSE**

Delaware Valley Hospital .....865-2115  
Otsego County Chemical Dependencies Clinic  
.....431-1030  
UHS New Horizons Detox .....762-2255  
UHS New Horizons Hotline..... 762-2257  
UHS New Horizons Info ..... 762-3288

### **ASSESSMENT**

Children's Home Wyoming Conf.....772-6904  
ARC of Otsego .....432-8595  
Greater Binghamton Health Center....773-4061  
UHS Addiction/Chem Dependency....762-3288  
UHS Psychiatric Crisis Ctr.....1-800-451-0560

## **C**

### **CHILD CARE & REFERRALS**

Child Care Connection .....432-0061 ext 120

### **CIVIL RIGHTS/HUMAN RIGHTS**

NYS Attorney General.....  
.....251-2770 or 1-800-771-7755  
NYS Human Rights Division.....721-8467

### **CLOTHING BANKS/THRIFT SHOPS**

Call 2-1-1 or 1-800-901-2180 for current list

### **CONSUMER PROTECTION**

Better Business Bureau  
.....1-800-828-5000 or www.upstateny.bb.org  
Consumer Product Safety-US  
.....1-800-638-2772  
Food & Drug Admin (USDA)  
.....1-888-463-6332  
NYPIRG (Public Interest Research Group)  
.....777-4971  
NYS Attorney General  
.....251-2770 or 1-800-771-7755  
NYS Public Service Commission  
.....1-800-342-3377

### **COUNSELING**

Community Treatment/Recovery Ctr (GBHC)  
.....797-0680  
UHS Mental Health Clinic .....762-2340

### **CRISIS COUNSELING 24/7**

*Mental Health Crisis*  
UHS Psychiatric Crisis Ctr.....1-800-451-0560

## **D**

### **DOMESTIC VIOLENCE 24/7 HOTLINES**

Opportunities for Otsego .....432-4855  
National Domestic Violence Hotline  
.....1-800-799-7233  
National Sexual Assault Hotline  
.....1-800-656-4673  
Rise NY (SOS Shelter) .....754-4340  
Vera House, Syracuse ..... 315-468-3260

## **E**

### **ELDER SERVICES**

See "Senior Services"

### **EMPLOYMENT**

Otsego Employment & Training .....  
.....432-4800 ext 115  
Workforce NY.....  
Delhi.....746-7477  
Sidney.....561-7550

## **F**

### **FAMILY PLANNING SERVICES**

Family Planning of South Central NY . . 723-8306  
Oneonta, Sidney, Walton.....432-2250

### **FOOD ASSISTANCE**

SNAP/Food Stamps .....547-1700  
.....1-800-422-2512  
Farmers Market Coupons .....547-4232  
WIC Nutrition Program .....433-8071

Call 2-1-1 or 1-800-901-2180 for current list of pantries and community meals.

## **H**

### **HEALTH/MEDICAL INSURANCE**

Action for Older Persons.....722-1251  
Cancer Services Program .....433-3707  
Mothers & Babies Perinatal Network  
.....1-800-231-0744  
Medicaid.....547-1700  
Medicaid Transportation .....1-866-333-1030  
Medicare..... 1-800-633-4227

### **HOME HEALTH CARE**

A.O. Fox at Home ..... 1-800-783-0613  
Lourdes at Home .....772-1598  
NY Connects .....547-4390  
UHS Home Care .....336-5130

### **HOMELESSNESS/**

#### **EMERGENCY SHELTER**

Opportunities for Otsego 24/7.....433-8318  
Volunteers of America (family/men shelter)  
.....772-1156  
The Y (YMCA men's shelter) .....772-0560  
YWCA (women's shelter) .....772-0304

### **HOUSING**

Chenango Housing Improvement Program  
.....334-3867  
Oneonta City Housing Authority .....432-0170  
Opportunities for Otsego Housing  
.....433-8000  
United Methodist Homes ..... 336-3915

## **I**

### **INFORMATION & REFERRAL**

.....2-1-1 or 1-800-901-2180

## **L**

### **LEGAL SERVICES**

Dispute Resolution/Mediation.....432-0061  
Legal Aid Society of Mid-New York.....433-2220  
Legal Helpline .....1-877-777-6152

**P**

**PARENT RESOURCES**

BOCES Delaware/Chenango/Madison/Otsego  
..... 335-1211  
Catholic Charities, Delaware/Otsego.....432-0061  
Cornell Cooperative Ext, Otsego (CCE)  
.....547-2536  
Family Resource Network ..... 432-0001  
Headstart (OFO).....433-8055  
Mothers & Babies Perinatal Network  
.....1-800-231-0744  
Opportunities for Otsego.....433-8055

**PHYSICIAN REFERRAL**

A.O. Fox Memorial Hospital &  
Bassett Healthcare Network ..... 547-3456  
Lourdes Hospital .....1-877-956-8733  
Medical Society - Central NY.....772-8493  
UHS - Nurse Direct .....1-800-295-8088  
*Web: www.mssny.org*

**PREGNANCY**

Bassett Birthing & Midwifery Center  
.....547-3456  
Catholic Charities .....432-0061  
Family Planning of South Central NY..... 723-8306  
Oneonta, Sidney, Walton.....432-2250  
Lourdes Hospital..... 798-5519  
Mothers & Babies Perinatal Network  
..... 1-800-231-0744  
Otsego Health Dept .....547-4230  
Planned Parenthood  
*See Family Planning of South Central NY above*  
UHS Maternal Health Care .....763-6101

**PROTECTIVE SERVICES**

Abused/Neglected Children (NYS) Hotline  
..... 1-800-342-3720  
Adult Protective & Child Protective Services  
.....547-1700 or 547-4355

**R**

**RAPE VICTIMS 24/7 HOTLINE**

Otsego Opportunities .....432-4855  
National Domestic Violence Hotline  
.....1-800-799-7233  
National Sexual Assault Hotline  
.....1-800-656-4673  
Rise NY (SOS Shelter).....754-4340  
Vera House, Syracuse.....315-422-7273

**S**

**SELF-HELP SUPPORT GROUPS**

.....Call 2-1-1 or 1-800-901-2180

**SENIOR SERVICES**

Otsego County Aging Office .....  
..... 547-4232 or 432-9041  
NY Connects .....547-4390

**SEXUALITY**

Family Planning of South Central NY.....723-8306  
Oneonta, Sidney, Walton ...432-2250

**T**

**TRANSPORTATION**

**Medicaid Transportation**  
.....1-800-388-9853 or 1-866-333-1030

**THRIFT SHOPS & CLOTHING BANKS**

.....Call 2-1-1 or 1-800-901-2180

**U**

**UTILITIES**

**Electric Service**  
NYSEG Credit Dept.....1-888-315-1755  
**Home Energy Assistance Program (HEAP)**  
Opportunities for Otsego 433-8000 or 433-8061  
Otsego County Aging Office .....  
.....547-4232 or 432-9041  
Otsego County Social Services..... 547-1700

**V**

**VETERANS SERVICES**

Veterans Affairs.....432-4190  
Veterans Crisis Hotline .....1-800-273-8255  
Veterans Service Agency .....547-4224

**VOLUNTEERISM**

.....Call 2-1-1 or 1-800-901-2180

**VOTER REGISTRATION**

Otsego County Board of Elections  
.....547-4247 or 547-4325  
*Web: www.elections.ny.gov/VotingRegister.html*

**Y**

**YOUTH COUNSELING**

Boys Town National Hotline ..1-800-448-3000  
Covenant House Ninline .....1-800-999-9999  
Lourdes Center for Mental Health....584-4465  
National Runaway Switchboard  
.....1-800-RUN-AWAY or 1-800-786-2929

# Otsego County Community Resources



**Get Connected  
Get Answers**

**INFORMATION & REFERRAL  
SERVICE**

**2-1-1 OR  
1-800-901-2180**

**Bringing people  
and services together**

**www.helpme211.org**