



EDMESTON CENTRAL SCHOOL

September 2017



Monday	Tuesday	Wednesday	Thursday	Friday				
<p>PLEASE NOTE*** ALL BREAKFASTS.... AT E.C.S. INCLUDE MEAT(OR MEAT ALTERNATE), BREAD, MILK, FRUIT ALL LUNCHESES....AT E.C.S. INCLUDE MEAT (OR MEAT ALTERNATE), BREAD, FRUIT, VEGETABLE, MILK ALL MENUS.... ARE SUBJECT TO CHANGE WITHOUT NOTICE DUE TO AVAILABILITY OF PRODUCTS</p>								
<table border="1" style="margin-left: auto; border-collapse: collapse;"> <tr> <td style="padding: 2px;">Breakfast Price \$ 1.35</td> </tr> <tr> <td style="padding: 2px;">Lunch Price \$1.85</td> </tr> <tr> <td style="padding: 2px;">Reduced Meal Price \$.25</td> </tr> <tr> <td style="padding: 2px;">Milk Price \$.50</td> </tr> </table>					Breakfast Price \$ 1.35	Lunch Price \$1.85	Reduced Meal Price \$.25	Milk Price \$.50
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4	5	30	31	1				
NO SCHOOL LABOR DAY	C.CHIP OR BLUEBERRY MUFFIN	Superintendent's Conference Day	Superintendent's Conference Day	NO SCHOOL				
4	5	6	7	8				
NO SCHOOL	CHICKEN PATTY W/ BUN POTATO WEDGES <i>GREEK SALAD</i> WATERMELON	HOT HAM AND CHEESE BAGEL <i>NACHO FIESTA</i> NACHO +CHIPS WITH SEASONED MEAT AND CHEESE SAUCE BROWN RICE <i>ECS-CORN BREAD</i> <i>ECS -MIXED GREENS SALAD</i>	BACON AND CHEESE BAGEL CHICKEN POT PIE ON ECS BISCUIT <i>CHICK PEA SALAD W/ ECS PEPPERS</i> ROASTED CARROTS <i>ECS-GREEK SALAD</i>	SAUSAGE AND CHEESE MUFFIN CHEESE PIZZA OR 3-CHEESE GARLIC PIZZA STEAMED CORN <i>ECS BASIL+TOMATO SALAD</i> <i>ECS CAESAR SALAD</i>				
11	12	13	14	15				
C.CHIP / BLUEBERRY MUFFIN	SAUSAGE AND CHEESE MUFFIN	BACON AND CHEESE MUFFIN	BACON AND CHEESE MUFFIN	HOT HAM AND CHEESE BAGEL				
CHICKEN TENDERS FRESH MASHED POTATOES ROASTED BROCCOLI CUCUMBER SALAD ECS -MIXED GREEN SALAD	DICED LEMON CHICKEN EGG NOODLES <i>ECS-ROASTED SWEET POTATOES</i> <i>ECS- GREEK SALAD</i> CHOC CHIP COOKIE	BRUNCH FOR LUNCH BAGEL OR WAFFLES SAUSAGE PATTY /CHEESE OMELET TATER TOTS FRUIT OR JUICE	CHEESE PIZZA OR HOT WING PIZZA STEAMED CORN <i>ECS- HARVEST SALAD</i> <i>ECS -TOMATO BASIL SALAD</i>	HAMBURGER OR CHEESEBURGER ON BUN / PICKLES LOCAL FRANCONIA POTATOES <i>ECS- BRAISED SWISS CHARD</i> <i>ECS- CAESAR SALAD</i>				
18	19	20	21	22				
C.CHIP / BLUEBERRY MUFFIN	BACON AND CHEESE MUFFIN	SAUSAGE+ CHEESE MUFFIN	HOT HAM AND CHEESE BAGEL	EGG AND CHEESE MUFFIN				
<i>ROAST TURKEY AND GRAVY</i> <i>FRESH MASHED POTATOES</i> ROASTED CARROTS GREEK SALAD APPLE CRISP	CHICKEN NUGGETS AND LOCAL BAKED POTATO <i>ECS-MIXED GREENS SALAD</i> ROASTED BROCCOLI <i>ECS MULTI GRAIN BREAD</i>	MACARONI AND CHEESE OR TURKEY BBQ ON A W/W BUN <i>ECS-CORN BREAD</i> <i>ECS-MIXED GREENS SALAD</i> WATERMELON	TOMATO SOUP OR BROCCOLI AND CHEESE SOUP TOASTED CHEESE SANDWICH CUCUMBER SALAD CAESAR SALAD	BEEF OR CHICKEN TACOS SHREDDED LETTUCE AND CHEESE BROWN RICE / FRESH SALSA <i>ECS-CORN BREAD</i> <i>ECS -MIXED GREENS SALAD</i>				
25	26	27	28	29				
CHOC.CHIP OR BRAN MUFFIN	SAUSAGE AND CHEESE MUFFIN	HOT HAM AND CHEESE BAGEL	SAUSAGE AND CHEESE MUFFIN	BACON AND CHEESE MUFFIN				
CHICKEN PATTY ON A W/W BUN MULTIGRAIN GARLIC SPIRALS ROASTED GREEN BEANS <i>ECS-GREEK SALAD</i>	ROAST TURKEY AND GRAVY FRESH LOCAL MASHED POTATOES ROASTED BROCCOLI <i>ECS-COUNTRY WHEAT BREAD</i> APPLE CRISP	CHEESE PIZZA OR HAM AND CHEESE STROMBOLI W/SAUCE STEAMED CORN <i>ECS CAESAR SALAD</i>	CHICKEN TENDERS FRANCONIA POTATOES <i>ECS-BRAISED RED KALE</i> <i>ECS-MIXED GREENS SALAD</i>	BRUNCH FOR LUNCH BAGEL OR WAFFLES SAUSAGE / CHEESE OMELET TATER TOTS FRUIT OR JUICE				